

# EDUCATION *Programme*

Palliative Care for all

2012



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## Care Assistants Course

The aim of this course is to provide information supporting a palliative care approach and develop an understanding of the dying process in older people.

This workshop will be interactive and build on the skills and experience care assistants may already have.

Workshop 1 Thursday 8<sup>th</sup> & 15<sup>th</sup> March  
*Horowhenua*  
Horowhenua Health Centre

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*"I have learnt a lot and will be able to take this back to my workplace."*

Workshop 2 Tuesday 20<sup>th</sup> & 27<sup>th</sup> March  
*Arohanui Hospice*

*"I've gained a lot of new useful information that I can use."*

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Workshop 3 Tuesday 19<sup>th</sup> & 26<sup>th</sup> June  
*Arohanui Hospice*

**Time: 1.00 – 4.00 pm**      **Cost: \$40**

## Advanced Care Assistants Course

The aim of this course is to further enhance palliative care knowledge and skills. This course is suitable for care assistants who have already attended our Care Assistants Course.

Workshop 1 Monday 12<sup>th</sup> November  
*Arohanui Hospice*

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*"Great afternoon, very worthwhile."*

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Workshop 2 Monday 19<sup>th</sup> November  
*Horowhenua*  
Horowhenua Health Centre

**Time: 1:00 – 4:00 pm**      **Cost: \$25**

*Prerequisite for attending Advanced Care Assistants Course: Completion of Care Assistants Course*

## Syringe Driver Full Competency

The aim of this workshop is to support Registered Nurses working in aged residential care who may need to manage a syringe driver. This course will provide competency in both the syringe driver and medication management.

*(Course endorsed by Hospice NZ)*

Workshop 1	Monday 12 <sup>th</sup> March	Arohanui Hospice
Workshop 2	Monday 14 <sup>th</sup> May	Arohanui Hospice
Workshop 3	Monday 9 <sup>th</sup> July	Arohanui Hospice
Workshop 4	Monday 13 <sup>th</sup> August	Arohanui Hospice

***Time: 2.00 – 4.30 pm***

***Cost: \$40***

## Syringe Driver Updates

Annual updates are recommended to maintain competency in the use of the syringe driver and medication management in Palliative Care.

*(Course endorsed by Hospice NZ)*

Workshop 1	Monday 5 <sup>th</sup> March	Arohanui Hospice
Workshop 2	Monday 2 <sup>nd</sup> April	Arohanui Hospice
Workshop 3	Monday 7 <sup>th</sup> May	Arohanui Hospice
Workshop 4	Monday 6 <sup>th</sup> August	Arohanui Hospice
Workshop 5	Monday 3 <sup>rd</sup> September	Arohanui Hospice
Workshop 6	Monday 8 <sup>th</sup> October	Arohanui Hospice
Workshop 7	Monday 5 <sup>th</sup> November	Horowhenua Horowhenua Health Centre

***Time: 1.00 – 2.30 pm***

***Cost: \$20***

## Community Pharmacy

Seminar for all community pharmacy dispensary staff covering:

- Palliative Sedation at End of Life
- Update on opioid management

Tuesday 17<sup>th</sup> July      Arohanui Hospice

*Time: 6.00 – 7.30 pm*

*Cost: No Charge Light refreshments provided.*

*Facilitator: Denise Hewitt, Pharmacist*

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*"Great to see the syringe driver and learn about your services."*

*"Very well structured. "*

*"Information on use of newer drugs in Nausea & Vomiting. "*

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## Soul Care

This seminar will consider the role health care practitioners have in attending to the spiritual welfare of those in their care.

Issues for consideration will include:

- common existential/spiritual needs
- pathways to meet expressed needs
- the importance of the therapeutic relationship /alliance
- the ethics of care

Thursday 12<sup>th</sup> July      Arohanui Hospice

*Time: 1.30 – 4.00 pm      Cost: \$30*

*Facilitator:*

*Paul Ranby, Pastoral Support Co-ordinator*

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*"Taking the time to reflect on all the relevant facets involved in the subject of the soul and caring for it."*

*"Food for thought. Also talked about our own soul. A difficult not greatly talked about subject at time. Fantastic. Thank you."*

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## Grief, Loss and Bereavement

(For professionals working with people experiencing issues with grief and loss)

The aim of this seminar is to provide an opportunity to explore the impact that grief, loss and bereavement has at all stages of our lives. It is not a therapeutic session but rather one that hopefully will bring awareness of the complexity and dynamics of the grief journey.

Thursday 14<sup>th</sup> June      Arohanui Hospice

**Time: 1.00 – 4.00 pm**      **Cost: \$30**

*Facilitator:*

*Kate McKenzie, Palliative Care Social Worker*

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*“Overall great workshop. Very informative and added value to my own thoughts and understanding.”*

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## On the Front Line – Handling Loss and Distress

For frontline carers – such as receptionists, ward clerks, secretaries and hospital aides. The course recognises the challenges faced by staff working on the frontline. This interactive session is designed to look at the skills and strategies required to support people you come in contact with.

Wednesday 16<sup>th</sup> May      Arohanui Hospice

**Time: 5.30 – 8.00 pm**      **Cost: \$30**

*Facilitator/s:*

*Diane Milne, Palliative Care Social Worker*

*Bronwyn Miller, Family Support Worker*

*Paul Ranby, Pastoral Support Co-ordinator*

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*“I really enjoyed today, it was very valuable to me on a personal level as well as for my work.”*

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*“The session on self care was particularly useful – something new and extremely relevant.”*

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## LCP Refresher Workshop

This workshop will cover key areas of the Liverpool Care Pathway. This will be useful for all health professionals involved in caring for people in the last days of life, irrespective of diagnosis or place of care.

Workshop 1                      Monday 27<sup>th</sup> February                      Arohanui Hospice

*Time: 5.30 – 7.30 pm*

Workshop 2                      Monday 19<sup>th</sup> March                      Horowhenua Health Centre

*Time: 5.15 – 7.15 pm*

Workshop 3                      Monday 10<sup>th</sup> September                      Arohanui Hospice

*Time: 5.30 – 7.30 pm*

*Cost: No Charge*

*Limited numbers: Registration essential.*

## Palliative Care Workshops – Palmerston North

The aim of these workshops is to provide sessions on a variety of palliative care topics that are relevant to all disciplines working in primary care settings (including Aged Residential Care, General Practice Teams and Community Support Workers).

Light refreshments will be provided.

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|------------|---|------------------|
| Workshop 1 | <b><i>The Essence of Palliative Care</i></b><br>Monday 26 <sup>th</sup> March               | Arohanui Hospice |
| Workshop 2 | <b><i>Assessment and management of common symptoms</i></b><br>Monday 23 <sup>rd</sup> April | Arohanui Hospice |
| Workshop 3 | <b><i>Ethical issues in Palliative Care</i></b><br>Monday 28 <sup>th</sup> May              | Arohanui Hospice |
| Workshop 4 | <b><i>Pharmacology in Palliative Care</i></b><br>Monday 27 <sup>th</sup> August             | Arohanui Hospice |

***Time: 5.30 – 7.30 pm***

***Cost: \$10.00 per session***

## Palliative Care Workshops – Tararua and Horowhenua

These workshops will incorporate the topics listed above but will be delivered in a one-day format.

Workshops 1 - 4 Tuesday 30<sup>th</sup> October Dannevirke Community Hospital

Workshops 1 - 4 Tuesday 25<sup>th</sup> September Horowhenua Health Centre

***Time: 9.00 am – 4.00 pm***

***Cost: \$40***

The Palliative Care Workshops will be facilitated by the Specialist Palliative Care Team from Arohanui Hospice.

## One-Day Special Themed Workshops

Workshop 1      ***Communication – The Essence of a Palliative Approach***  
Thursday 24<sup>th</sup> May      Arohanui Hospice

Good communication is pivotal to healthcare. This day will explore the key skills required to ensure excellent communication occurs between the health professional, patient, family and the multi-disciplinary team in the delivery of palliative care.

Various guest speakers.

***Time: 9.00 am – 4.00 pm      Cost: \$40.00***

Workshop 2      ***Elderhealth / Palliative Care Day***  
Tuesday 11<sup>th</sup> September      Arohanui Hospice

Combined Elderhealth / Palliative Care Study Day.

Following the success of last years “Touching the Senses” Seminar we will provide a study day with excellent speakers from both fields.

***Time: 9.00 am – 4.00 pm      Cost: \$40.00***

*Limited numbers - Registration essential.*

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*“Well planned and presented, all presenters were very knowledgeable in their individual specialty. Great day.”*

*“I thought all of the speakers had great ideas and lots of information that gives me a lot to think about when applying to practice.”*

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## Palliative Care Partnership

These sessions are run as part of the Palliative Care Partnership programme in conjunction with Compass Health.

### Full Sessions

Tuesday 8<sup>th</sup>, 15<sup>th</sup> and 22<sup>nd</sup> May

Arohanui Hospice

*Time: 7.00 – 9.00 pm*

### Updates

Members of the Partnership Programme are contractually obliged to attend one 'update' palliative care session per year.

Attending any palliative care education sessions provided by Arohanui Hospice will fulfil your 'update' requirements.

Payment for attending these sessions and certificates for CME points can be claimed through Compass Health.

**IMPORTANT:** Registrations for attendance at PCP sessions to be made with Workforce Development Co-ordinator.

Enquiries to: [enquiries@compasshealth.org.nz](mailto:enquiries@compasshealth.org.nz)

Tuesday 27 <sup>th</sup> March	12.30 – 1.30 pm	Health On Main
Tuesday 1 <sup>st</sup> May	12.30 – 1.30 pm	Horowhenua Health Centre
Tuesday 19 <sup>th</sup> June	12.30 – 1.30 pm	Pahiatua Venue – to be advised
Tuesday 24 <sup>th</sup> July	12.30 – 1.30 pm	Otaki Medical Centre
Tuesday 21 <sup>st</sup> August	12.30 – 1.30 pm	Dannevirke Community Hospital
Tuesday 18 <sup>th</sup> September	6.00 – 7.00 pm	Arohanui Hospice

Please note all enquiries and bookings for these sessions to be directed to Compass Health as listed above.

## *Education Venues*

All Palmerston North courses will be held (unless stated otherwise) at:

Arohanui Hospice  
Seminar Room  
1 Heretaunga Street  
Palmerston North

## *Other Venues*

Dannevirke Community Hospital  
Barraud Street  
Dannevirke

Health On Main  
575 Main Street  
Palmerston North

Horowhenua Health Centre  
Liverpool Street  
Levin

Otaki Medical Centre  
1 Aotaki Street  
Otaki

## To Register

Please use the enclosed Registration form (photocopy as required) or download from our website:

**[www.arohanuihospice.org.nz](http://www.arohanuihospice.org.nz)**

Alternatively, contact the Education and Research Unit at Arohanui Hospice as follows:

### Steph Ash

Lead Clinical Educator



[steph.a@arohanuihospice.org.nz](mailto:steph.a@arohanuihospice.org.nz)

### Dianne Boon

Clinical Educator



[dianne.b@arohanuihospice.org.nz](mailto:dianne.b@arohanuihospice.org.nz)

### Pip Lewer

ERU Administrator



[pip.l@arohanuihospice.org.nz](mailto:pip.l@arohanuihospice.org.nz)



[education@arohanuihospice.org.nz](mailto:education@arohanuihospice.org.nz)

**Phone: 06 356 6606 or 0800 666 676**

**Fax: 06 355 0453**

## Course Fee Payment Details

Payment can be made by cash or cheque on the day of the course.

Alternatively, we can invoice you or your organisation after the course is completed.

Please make cheques payable to:

**Arohanui Hospice Education and Research Unit**

Car parking is available along either Heretaunga Street or Tremaine Avenue. Car parking in the main Arohanui Hospice car park is primarily for family and visitors.

*N.B: All quotes shown throughout this programme are from our 2011 sessions.*

