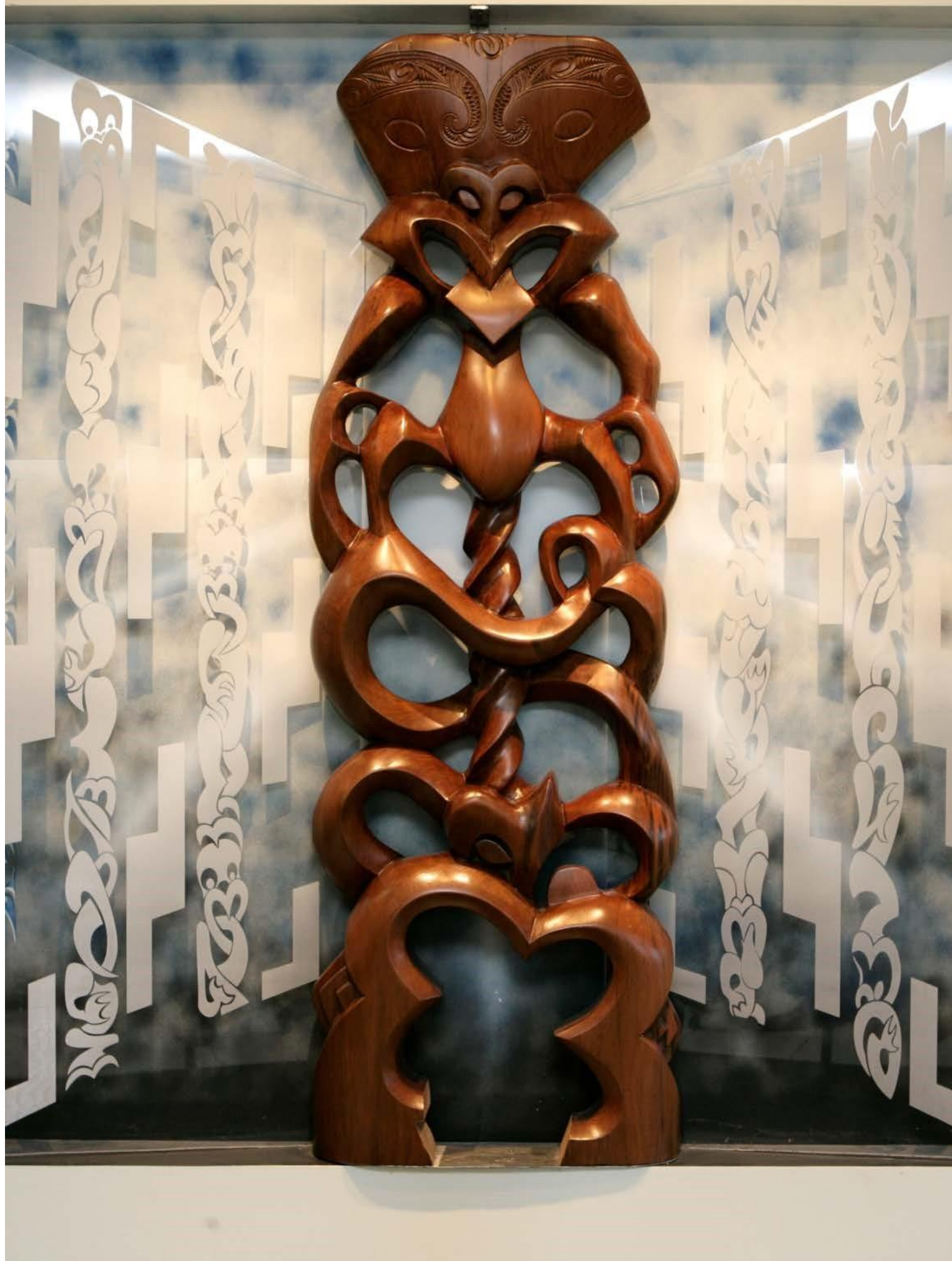


Arohanui Hospice Education Programme 2019

Supporting excellence in the delivery of
palliative and end of life care





Welcome

Kia Ora and welcome to the Education Programme 2019 produced by the Education Service of Arohanui Hospice. Education is a key feature of the Arohanui Hospice Strategic Plan that promotes the support of health care workers in a range of settings including aged residential care, community hospitals, primary and secondary care. The Education Service provides a range of education to meet the needs of the health care workers and has a particular focus on providing fundamental palliative care education across the districts, improving the provision of quality palliative care, especially for those people in the last days of life.

There are a number of educational opportunities including study days and workshops facilitated by clinical staff and allied health. We value your participation in the education provided by the Education Service and trust that you will find enclosed in this programme valuable educational opportunities to enhance your knowledge and skill in palliative care.

Ngā mihi

The Education Service Team

AROHANUI HOSPICE VISION

“All people with life-limiting conditions live well and die well,
irrespective of their condition or care setting.”

- *People first – He iwi Kotahi*

We will deliver a service that is people-focused, meeting the needs of and informed by patients and their families.

- *Centre of Excellence – Nga moemoea o te kaupapa Arohanui*

We will lead the provision of a unified specialist palliative care service across our region.

- *Meeting the future – Whakamana ki te ao*

We will build towards the future through ongoing development of staff, resources, systems, information and infrastructure.

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2019 The Year at a Glance

Please check the website <http://www.arohanuihospice.org.nz> to ensure you have the latest version of this programme as dates may be subject to change. Many of the sessions provided by the Education Service we reserve the right to cancel training sessions if registration numbers are too low.

January 2019

- 28 Syringe Driver practical session – Arohanui Hospice

February 2019

- 7 Cancer Research Trust Breakfast Lecture Series 1
- 20 Palliative Care Awareness
- 25 Syringe Driver Practical Session – Arohanui Hospice

March 2019

- 7 Cancer Research Trust Breakfast Lecture Series 2
- 11 Syringe Driver Practical Session – Arohanui Hospice
- 19 Fundamentals of Palliative Care Workshop 1 - Palmerston North
- 20 Fundamentals of Palliative Care Workshop 1 - Dannevirke
- 27 Fundamentals of Palliative Care Workshop 2 - Dannevirke
- 28 Palliative Care Study Day – “Beyond the Basics”

April 2019

- 2 Palliative Care Partnership Update – Health on Main
- 3 Fundamentals of Palliative Care Workshop 3 – Dannevirke
- 4 Cancer Research Trust Breakfast Lecture Series 3
- 8 Syringe Driver Practical Session – Arohanui Hospice
- 9 Fundamentals of Palliative Care Workshop 2 – Palmerston North
- 12 “Understand Me When I’m Dying” Study Day
- 16 Fundamentals of Palliative Care Workshop 3 – Palmerston North

May 2019

- 2 Cancer Research Trust Breakfast Lecture Series 4
- 2 Fundamentals of Palliative Care Workshop 1 – Horowhenua
- 7 Palliative Care Partnership Full Training Session 1
- 9 Fundamentals of Palliative Care Workshop 2 – Horowhenua
- 13 Syringe Driver Practical Session – Arohanui Hospice
- 14 Palliative Care Partnership Full Training Session 2
- 16 Fundamentals of Palliative Care Workshop 3 – Horowhenua
- 21 Palliative Care Partnership Full Training Session 3
- 22 Palliative Care Awareness
- 29 Pharmacy Technicians Evening

2019 The Year at a Glance - continued

June 2019

- 6 Cancer Research Trust Breakfast Lecture Series 5
- 11 Palliative Care Partnership Update - Horowhenua
- 12 Palliative Care Symposium
- 24 Syringe Driver Practical Session – Arohanui Hospice

July 2019

- 2 Palliative Care Partnership Update - Pahiatua
- 4 Cancer Research Trust Breakfast Lecture Series 6
- 22 Syringe Driver Practical Session – Arohanui Hospice

August 2019

- 1 Cancer Research Trust Breakfast Lecture Series 7
- 6 Palliative Care Partnership - Otaki
- 14 Community Pharmacists Evening
- 21 Palliative Care Awareness
- 26 Syringe Driver Practical Session – Arohanui Hospice

September 2019

- 3 Palliative Care Partnership Update - Dannevirke
- 5 Cancer Research Trust Breakfast Lecture Series 8
- 18 Fundamentals of Palliative Care Workshop 1 – Palmerston North
- 23 Syringe Driver Practical Session - Arohanui Hospice
- 25 Fundamentals of Palliative Care Workshop 2 – Palmerston North

October 2019

- 1 Palliative Care Partnership Update- Arohanui Hospice
- 2 Fundamentals of Palliative Care Workshop 3 – Palmerston North
- 3 Cancer Research Trust Breakfast Lecture Series 9
- 14 Syringe Driver Practical Session – Arohanui Hospice

November 2019

- 7 Cancer Research Trust Breakfast Lecture Series 10
- 11 Syringe Driver Practical Session – Arohanui Hospice
- 27 Palliative Care Awareness

December 2019

- 5 Cancer Research Trust Breakfast Lecture Series 11
- 9 Syringe Driver Practical Session – Arohanui Hospice

Hospice New Zealand (HNZ) Fundamentals of Palliative Care

This is a comprehensive multidisciplinary palliative care education resource comprised of ten learning packages. The flexibility of this resource means that it can be effectively utilised in all health care settings including general practice, hospital community and Aged Residential Care facilities. The topics covered include:

- **Essence of palliative care**
- **Ethical issues in palliative care**
- **Pain and symptom management**
- **Palliative care for people with chronic illness**
- **Palliative care for people with dementia**
- **Communication skills**
- **Last days of life**
- **Loss and grief**
- **Caring for ourselves**
- **Spiritual care**

It is strongly recommended that participants complete the Essence of Palliative Care first, as this sets the scene for the remaining sessions.

The above 10 packages have been grouped into three (3) integrated workshops that will be provided in Palmerston North, Horowhenua (Levin) and Tararua (Dannevirke). These workshops will run throughout 2019, as per the schedule on the following page.

Please note that for each of the workshops you may be required to do some pre-reading. A post learning activity and feedback form will also need to be completed and returned to Arohanui Hospice.

Certificates will be provided on completion of the above requirements following each workshop. After completion of the three workshops, you will receive a HNZ Fundamentals of Palliative Care Certificate of Completion and a badge.

<u>Workshop 1:</u>	Essence of Palliative Care, Ethical Issues and Communication Skills
<u>Workshop 2:</u>	Pain and Symptom Management, Dementia and Chronic Illness
<u>Workshop 3:</u>	Last Days of Life, Loss and Grief, Caring for Ourselves and Spiritual Care.

Hospice New Zealand Fundamentals of Palliative Care Continued

Dannevirke

Location – Dannevirke Community Hospital, Dannevirke

Time: 1:00 pm – 4:30pm **Cost: \$30.00 per workshop**
(Light refreshments will be provided)

Workshop 1	Wednesday 20 th March
Workshop 2	Wednesday 27 th March
Workshop 3	Wednesday 3 rd April

Palmerston North Semester 1

Location – Arohanui Hospice, Seminar Room, Palmerston North

Time: 1:00 pm – 4:30pm **Cost: \$30.00 per workshop**
(Light refreshments will be provided)

Workshop 1	Tuesday 19 th March
Workshop 2	Tuesday 9 th April
Workshop 3	Tuesday 16 th April

Palmerston North Semester 2

Location – Arohanui Hospice, Seminar Room, Palmerston North

Time: 1:00 pm – 4:30pm **Cost: \$30.00 per workshop**
(Light refreshments will be provided)

Workshop 1	Wednesday 18 th September
Workshop 2	Wednesday 25 th September
Workshop 3	Wednesday 2 nd October

Horowhenua

Location – Arohanui Hospice Horowhenua Centre, 79 Oxford Street, Levin

Time: 1:00 pm – 4:30 pm **Cost: \$30.00 per workshop**
(Light refreshments will be provided)

Workshop 1	Thursday 2 nd May
Workshop 2	Thursday 9 th May
Workshop 3	Thursday 16 th May

There may be an opportunity to facilitate additional workshops in other venues by request and negotiation with the education team at Arohanui Hospice.

Syringe Driver Training – Practical Sessions

As of 2019 the theory component of the Syringe Driver Competency Training will be available on Ko Awatea Learn, the on-line learning platform. Please follow the instructions below to access the course. There is an Access Code for this course that will be made available from January 1, 2019.

Access: Log into Ko Awatea

- Click on 'find courses'
- Click on MidCentral DHB
- Click on N-S
- Scroll down and click on "Palliative Care Syringe Driver Competency" and follow instructions on Course Content/Structure. You will be required to complete both the Niki T34 and the Syringe Driver Competence Course and print your certificate for each of these.

All practical sessions will be held monthly at Arohanui Hospice and you will need to register with the Education Service to attend. You will need to bring both of the above certificates with you in order to participate in the practical session. A certificate of completion will be provided on successful completion of this practical workshop.

Time: 1:00 – 2:30 pm

Cost: \$30.00

Dates:

Monday 28 th January	Monday 25 th February	Monday 11 th March
Monday 8 th April	Monday 13 th May	Monday 24 th June
Monday 22 nd July	Monday 26 th August	Monday 23 rd September
Monday 14 th October	Monday 11 th November	Monday 9 th December

Practical sessions for Syringe Driver competence may be available to individual facilities throughout the year by negotiation with the Education Service.

Palliative Care Study Day “Beyond the Basics”

Palliative care: Beyond the basics for registered and enrolled nurses.

This one-day workshop is a joint study day provided by the Hospital palliative care service and Arohanui Hospice. It is designed for nurses who have already undertaken some palliative care education (i.e. through their resource nurse role, NETP programme, the MDHB Palliative and end of life care study day, the Fundamental of palliative care or other palliative care education). The day will include a range of topics related to symptom management, ethics and communication to consolidate and develop nurses’ skills and confidence in the management of nursing care for people with palliative care needs regardless of the care setting. Some pre-reading is required to optimise the day.

Date: 28 March 2019 (Thursday)

Venue: The Hall in the Education Centre Palmerston North Hospital, Ruahine Street.

Time: 8:30 am – 4:00 pm

Cost: No cost

Enrolments: Via Palmerston North Education Centre

<http://staffintranet.midcentraldhb.govt.nz/Training/Pages/Home.aspx#>

Places are limited and enrolments will close 20th March 2019

Tea and coffee provided, you will need to provide your own lunch.

“Understand me when I’m dying” Study Day

The purpose of this workshop is to raise awareness and understanding of the increasing spiritual and cultural diversity that exists within our community, which will enhance our ability to offer the most appropriate care. Māori, Buddhist, Hindu, Muslim and Christian representatives will share their perspectives, illuminating how knowledge of their beliefs and traditions can enhance our palliative care approach for people in their communities.

This workshop is open to all those working in the health and pastoral care sectors.

Facilitated by George Dempster, Spiritual Care Coordinator, Arohanui Hospice

Friday 12th April 2019

Arohanui Hospice

Time: 9:00 am – 4:00 pm

Cost: \$50.00



Palliative Care Awareness Workshops: For registered staff new to General Practice and Aged Residential Care Facilities

These afternoon sessions have been developed for registered staff new to General Practice and Aged Residential Care facilities.

The aim of these sessions is to provide an awareness of a palliative approach and the role of Hospice in caring for people with a palliative need in our region. There will be an opportunity to see what hospice offers and the services and support Arohanui Hospice can provide for people and their families and whānau who have been referred to the service.

This introductory workshop will enable you to better support the people in your service about the services and support provided by hospice and palliative care.

Dates **Wednesday 20th February**

Wednesday 22nd May

Wednesday 21st August

Wednesday 27th November

Time: **1:00 pm – 4:00 pm**

Cost: **No charge**

You will need to register for this course as there are limited places available.

Light refreshments will be served

Palliative Care Symposium

This palliative care symposium is an inter-professional education opportunity appropriate for all primary and secondary health care providers in the Mid Central region. Palliative care requires the involvement of all members of the health team, and the aim of this symposium is to improve the quality of palliative care for people and their families and whanau in all settings through the provision of interdisciplinary education.

Venue Palmerston North Hospital Education Centre

Date: 12th June 2019

Time 5:30 – 8:30 pm

Light refreshments will be available 5:30 – 6:00 pm



Cancer Research Trust Breakfast Lecture Series



The Cancer Research Trust Palliative Care Lecture Series is facilitated by Hospice New Zealand hosted by hospices throughout New Zealand.

The lectures are delivered via teleconference with a power point presentation that the speaker guides the participants through. This education opportunity is designed to suit the needs of a multidisciplinary audience with an interest in Palliative Care.

These lectures are also an ideal opportunity for those in General Practice to fulfil the annual one hour update requirements.

All health colleagues and partners are very welcome to attend.

These sessions are free of charge and no registration is required.

Further lecture details can be found at www.hospice.org.nz

(A schedule of speakers and topics for 2019 is due to be confirmed in January)

Time: 7:30 am – 8:30 am (A light breakfast is provided at Arohanui Hospice only).

First Thursday of the month (Feb – Dec 2019) Arohanui Hospice

First Thursday of the month (Feb – Dec 2019) Horowhenua Health Centre



Palliative Care Partnership Training

This training is for members of General Practice Teams, community nurses, Nurse Practitioners, GP Registrars and other health professionals working with people with life limiting conditions and have a palliative need.

Palliative Care Partnership Full Training

Dates: Tuesday 7th, 14th and 21st May 2018
Time: 7:00 pm – 9:00 pm
Location: Arohanui Hospice, Seminar Room

Palliative Care Partnership Annual Updates

- Members of the Palliative Care Partnership are contractually obliged to attend one 'PCP update' session per year.
- Alternatively, to fulfil your 'update' requirements, you can attend any palliative care education session provided by Arohanui Hospice or a Cancer Research Trust Breakfast Lecture Session (see page 13 for more details).
- **IMPORTANT:** Registrations for attendance at PCP sessions are to be made with **Central PHO** (06) 354 9107 or enquiries@centralpho.org.nz.

Tuesday 2 nd April	12:30 – 1:30 pm	Health on Main
Tuesday 11 th June	12:30 – 1:30 pm	Horowhenua Health Centre
Tuesday 2 nd July	12:30 – 1:30 pm	Pahiatua Medical Centre
Tuesday 6 th August	12:30 – 1:30 pm	Otaki Medical Centre
Tuesday 3 rd September	12:30 – 1:30 pm	Dannevirke Community Hospital
Tuesday 2 nd October	6:00 – 7:00 pm	Arohanui Hospice

Please note this last session is an evening session

Please note all enquiries and registrations for these sessions are to be directed to Central PHO as stated above

Community Pharmacy Evenings

These education evenings are for Pharmacists and Pharmacy Technicians and will look at symptom management in palliative care from a pharmacy perspective.

Facilitated by Denise Hewitt, Palliative Care Pharmacist at Arohanui Hospice.

Venue for both sessions: Arohanui Hospice

Light refreshments will be provided

There is no cost for this evening

PHARMACY TECHNICIANS EVENING

Date: Wednesday 29th May 2019

Time: 6:15 pm – 8:00 pm

COMMUNITY PHARMACIST EVENING

Date: Wednesday 14th August 2019

Time: 6:15 pm– 8:00 pm



Caregiver's Toolbox

These sessions provide free education and information for families, whanau and caregivers when their loved one is referred to Arohanui Hospice.

This education provides:

- A safe and non-threatening environment for families to gather and share experiences
- Empowerment of family, whanau and carers to have the confidence and knowledge around knowing what to expect when their loved one has a life limiting illness
- Practical information that assists the family in caring for their loved one at the end of life

The Caregiver's Toolbox sessions will be held regularly throughout the year. Sessions will be held in in Palmerston North at Arohanui Hospice and will also be available in Levin at the Arohanui Hospice Horowhenua Centre.

For further information please contact the Day Service at Arohanui Hospice.



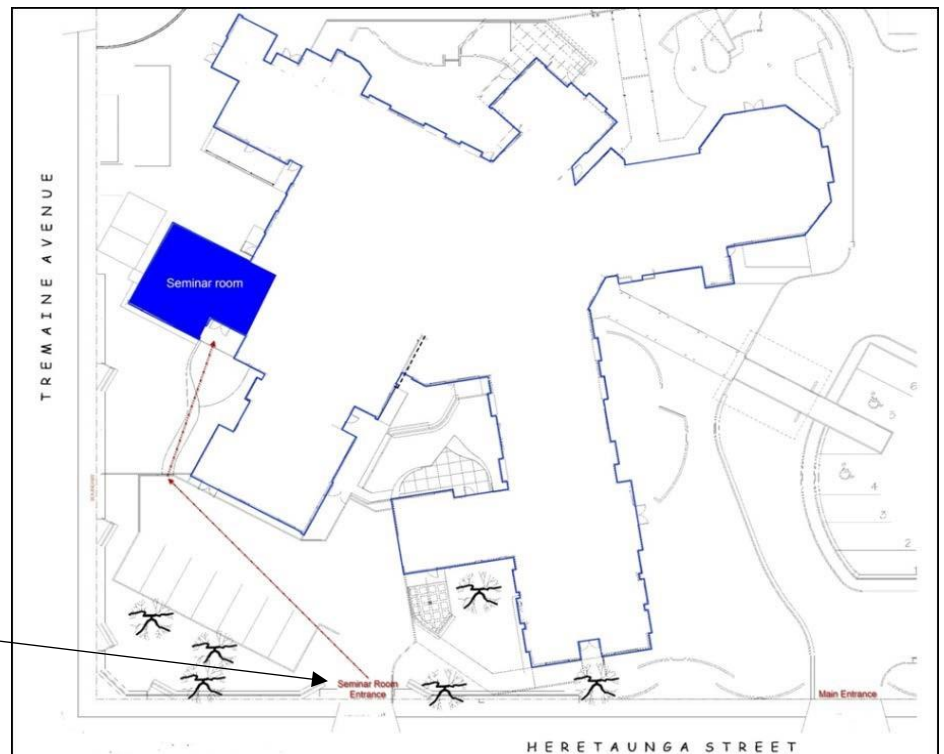
Education Venues

All Palmerston North
Courses will be held at:

Arohanui Hospice

Seminar Room
1 Heretaunga Street
Palmerston North
(Unless otherwise stated)

*Enter via this entrance
In Heretaunga Street please*



Car parking in the main Arohanui Hospice car park is only available for families and visitors of patients. Tremaine Avenue and Heretaunga Street offer a number of parking spaces. The map shows entry to the Seminar Room. Please use this entrance when attending education sessions, rather than the main reception area of the hospice.

Arohanui Hospice is a non-smoking environment.

Other Venues:

Dannevirke Community Hospital
Barraud Street
Dannevirke

Health on Main
575 Main Street
Palmerston North

Arohanui Hospice Horowhenua Centre
79 Oxford Street
Levin

Horowhenua Health Centre
Liverpool Street
Levin

Registration Information

To register for education sessions:

- Use the registration form at the end of this booklet (photocopy as required) and post or fax to us.

Education Service
Arohanui Hospice
PO Box 5349
Palmerston North

Phone: (06) 356 6606 / Fax: (06) 355 0453

Email: education@arohanuihospice.org.nz

- Download the registration form from our website:
www.arohanuihospice.org.nz
- Register electronically through our website via the 'Education Page'

There are limited numbers for all education sessions so

REGISTRATION IS ESSENTIAL

Minimum numbers are required for many of our education sessions to go ahead, otherwise cancellations may occur.

Requests for any other palliative care education, either at Arohanui Hospice or offsite at your facility, are welcomed and this will be discussed on an individual basis.

Course Fee Payment Details

Payment can be made by cash or cheque on the day of the course, or by direct credit. Alternatively we can invoice you or your organisation after the course is completed.

Please make cheques payable to:

Arohanui Hospice Education Service

For direct credit (bank details): Arohanui Hospice Service Trust

Particulars:	Course Name
Reference:	Your SURNAME
Account No:	03 – 0726 – 0486812 – 00

Please note all prices listed are GST inclusive

Cancellation:

If you are unable to attend education that you have registered for, please notify the Education Service as soon as practicable as we often have a waiting list and therefore we can offer the place to someone else.

Any cancellation received within 24 hours of the course date may incur an administration charge of 20% of the course fee.

Education Registration Form - 2019

(Please complete a separate registration form for each course you wish to attend)

Course Name:

Course Date/s:

Course Fee: \$.....

First Name: Surname:

Address:

Telephone: Cellphone:

Email: Home Work:

Current Place:

Position Held:

Payment Details:

☐ Cash/Cheque

☐ Direct Credit

☐ Invoice Organisation

For **direct credit** (bank details): Arohanui Hospice Service Trust

Account No: 03 – 0726 – 0486812 – 00

Particulars: Course Name

Reference: Your Surname

Cancellation:

Any cancellation received within 24 hours of the course date will incur an administration charge of 20% of the course fee.

Post to:

Education Service

Arohanui Hospice

PO Box 5349

PALMERSTON NORTH

Email: education@arohanuihospice.org.nz **or Fax:** (06) 355 0453

Notes

[illegible]

HOSPICE IS...

about quality of life

AT AROHANUI HOSPICE

our vision is to ensure that
all people with life-limiting conditions

LIVE WELL AND DIE WELL

irrespective of their condition or care setting

CARING

devotion RESPECT

COMPASSIONATE

FAMILY sharing

HOPE + PEACE + LOVE

a chance to live fully

comfort **dignity**

support and advocacy

REWARDING

gracious **soothing**

specialised *unique* safe

LIVING EVERY MOMENT



Horowhenua, Rangitikei
Taihape, Manawatu
Tararua, Horowhenua,
Rangitikei Taihape.
Manawatu, Tararua



FAMILY·FAMIL
·FRIENDS·FR
COMMUNITY
FAMILY·FAM

