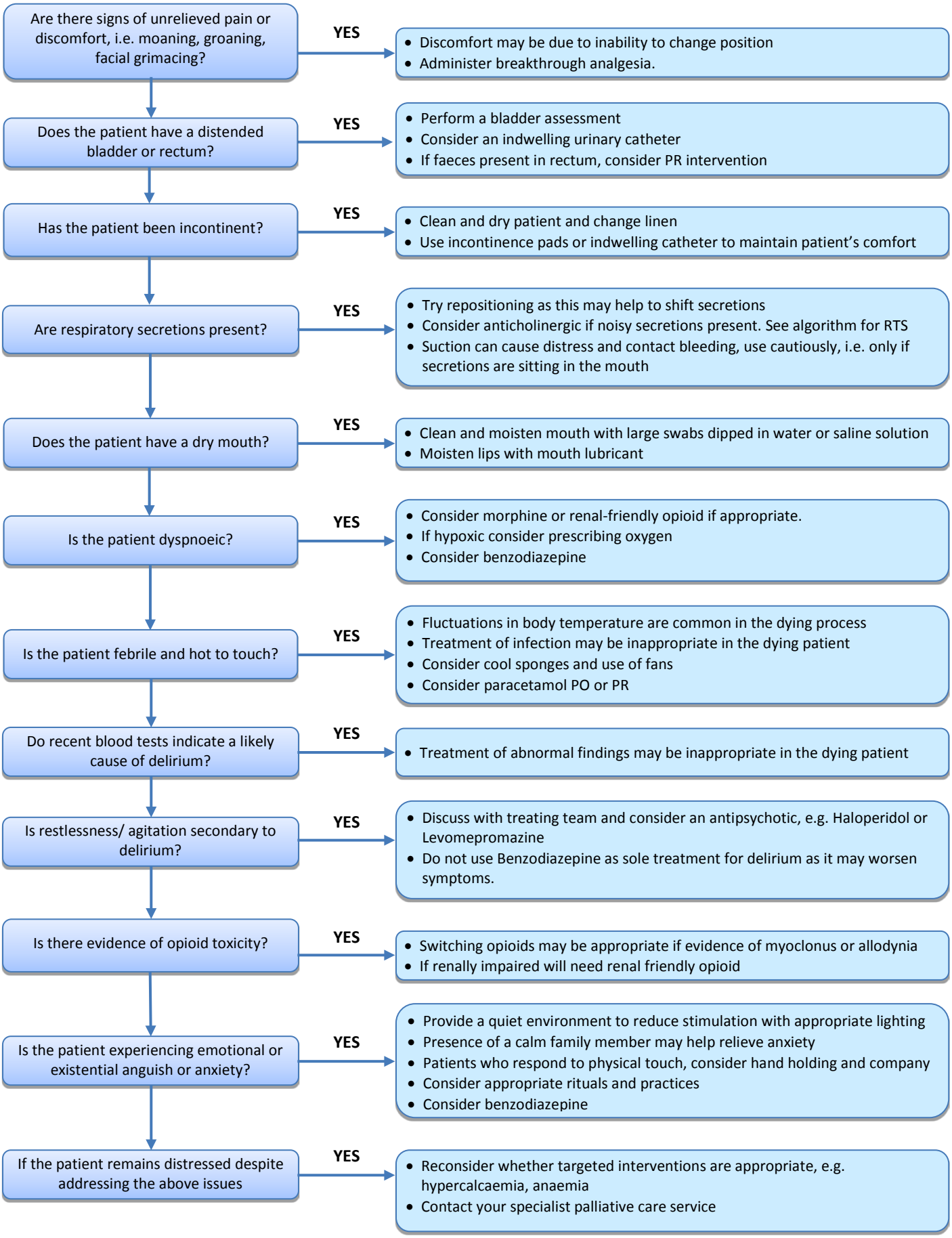
Assessment and Care Management of Restlessness and Agitation in the Dying Patient

There is often more than one cause of restlessness and agitation in a dying person that may not be obvious, so all the steps below should be actively considered.

Actively consider delirium in all dying people. International palliative care research suggests delirium is present in >80% of all dying patients (Palliative Medicine, 2004: 18, 184-194).