



### MĀ PANGO, MĀ WHERO KIA TŪTUKI TE MAHI

By the combined efforts of all the work is completed

Arohanui Hospice shall work collaboratively with other services to meet the needs of patients, families and whānau; such services include General Practice teams, residential care facilities, MidCentral Health's Hospital Palliative Care Service, District Nurses, Māori Health Providers, Te Tihi Whanau Ora, support agencies and the Cancer Society.



### MĀ TO ROUROU, MĀ TOKU ROUROU KIA ORA AI TE IWI

Contributions shared are for the wellness and wellbeing of all people

Arohanui Hospice is here to support people living with a life limiting illness in the MidCentral Health region as well as the Bulls, Marton, Hunterville and Taihape areas.



### HUTIA TE RITO

**Hūtia te rito o te harakeke  
Kei hea te komako e ko  
Ki mai ki au  
He aha te mea nui o te Ao?  
Māku e ki atu,  
He tangata!  
He tangata! He tangata!**

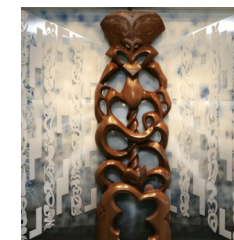
Pull out the centre of the flax plant,  
Where will the bellbird sing?  
I ask myself  
What is the greatest thing in the world?  
My answer is,  
'Tis people! 'Tis people! 'Tis people!

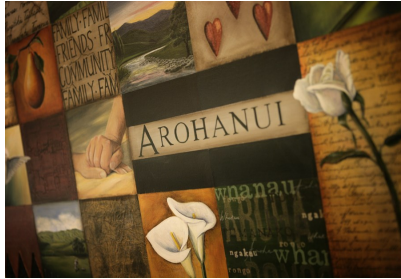
### Arohanui Hospice

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Artwork by Lynne Dann, former Arohanui Hospice RN

## ME AROHA KI TE TANGATA

People are the heart of our service

Our holistic service follows the principles of Te Whare Tapa Wha:

### Taha Hinengaro

#### “Ahakoa te momo mate, whakanuia te tangata”

Regardless of illness or disease, people deserve dignity and respect.

E tautoko ana mātou i te tangata, whānau whānui hoki, e tukua e mātou te aroha, te kōrerorero, ngā rauemi rānei hei whakapounamu o rātou moana ripo.

We provide free specialist palliative care wherever people need it—at home, in hospital, in residential care or in the Arohanui Hospice inpatient unit. We aim to:

- Help patients gain the most from life while living with a life limiting illness
- Provide quality support and care for patients, their families and whānau. Our Family Support Team are available to support and encourage people to discuss any personal concerns they may have as they face this journey. We also provide information about services available in the community and have a 24/7 telephone support service.
- Enable patients to die with dignity, in their own home if that is their wish.

### Taha Wairua

#### “E kore au e ngaro, he kākano i ruia mai i a Rangiaatea”

I will not be lost, a seed planted in Rangiaatea (Heavens).

Mā te korowai o te Atua e manaaki e tiaki tātou katoa i runga i te taumahatanga o te haerenga nei ka hāpaitia e mātou o rātou taha wairua.

Te Kaitakawāenga - Peoples and cultural adviser ia available to provide care and consideration (manaaki tanga) to Maori and other ethnic cultures.

Our Spiritual Care Coordinator works as a member of the multidisciplinary team, in consultation with spiritual care providers in the community to assist patients, families and whānau as they adjust to the challenges of a life-limiting illness.

Bereavement support is provided for whānau suffering from or grief and loss and loved ones are remembered at regular memorial services.



### Taha Tinana

#### “Ehara taku toa i te toa taki tahi, ēngari taku toa he toa takitini”

Success comes from the multitudes, not of the lone individual.

Kei a mātou he taonga rongonui kia tuku te aroha ki te tangata kia whai ngā tikanga o te ao Māori, ara ko te tapū tō te tinana.

We have a team of health professionals who provide care both in the community and in our purpose built 10-bed inpatient unit. We accept that dying is a normal process and seek neither to hasten nor postpone death. Patients can be referred by their GP, the hospital, or anyone else in the community, including themselves or their whānau.



### Taha Whānau

#### “Nau te rourou, nāku te rourou ka ora ai te whānau”

With the combining of your basket and my basket, the whānau will be well.

Ka hāpai ake mātou i te whānau hei whakarite e mātou he huarahi pai kei mua i a rātou.

Hospice care not only focuses on the patient, but also supports whānau and friends. Hospice provides social work and family support professionals to offer personal and practical support to the families of patients. If patients need to come into the Inpatient Unit, e.g. for treatment or symptom management, whānau are very welcome to visit and use facilities such as whānau rooms and lounges. Limited overnight accommodation is available for those who wish to stay on the premises.