



# Arohanui Hospice Palliative Care Education Programme



#### Welcome

Kia Ora and welcome to the Education Programme for 2020. Arohanui Hospice takes pride in providing a range of education to meet the needs of health care workers with a particular focus on providing fundamental palliative care education across the districts, improving the provision of quality palliative care, especially for those people in the last days of life.

We have put together a number of valuable educational opportunities which we trust will enhance your knowledge and skills in palliative care. We value your participation in the education provided by Arohanui Hospice and look forward to seeing you in 2020.

Ngā mihi The Education Service Team

## **Our Vision**

'All people with life-limiting conditions live well and die well, irrespective of their condition or care setting'

## **Our Strategic Goals**

People first – He iwi kotahi

We will deliver a service that is people-focused, meeting the needs of, and informed by patients and their families.

#### Centre of Excellence – Nga moemoea o te kaupapa Arohanui

We will lead the provision of an integrated specialist palliative care service and support generalist palliative care services across our region.

#### Meeting the future - Whakamana ki te ao

We will build towards the future through ongoing development of staff, resources, systems, information and infrastructure.

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## Syringe Driver Competency

The theory component of the Syringe Driver Training must be completed online through Ko Awatea LEARN prior to attending a session below.

#### **Theory Access:**

- Log in to koawatealearn.co.nz
- Click on 'find courses'
- Click on MidCentral DHB
- Click on N-S
- Scroll down to "Palliative Care Syringe Device Competency" and follow instructions on Course Content/Structure. The course can be located under "Palliative Care Syringe Driver Competence". You will be required to complete both the Niki T34 and the Syringe Driver Competence Courses. N.B you will need to print and bring both Ko Awatea certificates with you in order to participate in the practical session.

Sessions to be held monthly at Arohanui Hospice - please register with the Education Team to attend online at <u>www.arohanuihospice.org.nz/education-programme</u>

#### Session Dates:

Monday 24 <sup>th</sup> February	Monday 23 <sup>rd</sup> March	Monday 20 <sup>th</sup> April
Monday 25 <sup>th</sup> May	Monday 22 <sup>nd</sup> June	Monday 24 <sup>th</sup> August
Monday 28 <sup>th</sup> September	Monday 23 <sup>rd</sup> November	

Tuesday 20<sup>th</sup> October – Arohanui Hospice Levin

## All sessions will be held at Arohanui Hospice from 1:00 pm – 2:30 pm Cost: \$30.00.

A certificate of completion will be provided on successful completion of this workshop. Practical sessions for Syringe Driver competence may be available to individual facilities throughout the year by negotiation with the Education Team.





## Hospice New Zealand Fundamentals of Palliative Care

Hospice New Zealand have created a comprehensive multidisciplinary palliative care education resource comprised of ten learning packages. The flexibility of this resource means that it can be effectively utilised in all health care settings including General Practice, Hospital, Community and Aged Residential Care facilities.

The packages have been grouped into three workshops that will be presented in Palmerston North, Horowhenua and Tararua. Pre-reading is required for all sessions and a post learning activity and feedback form need to be returned to Arohanui Hospice to complete the course and receive certificates and a Hospice NZ badge.

Workshop 1:	Essence of Palliative Care, Ethical Issues and Communication Skills
Workshop 2:	Pain and Symptom Management, Dementia and Chronic Illness
Workshop 3:	Last Days of Life, Loss and Grief, Caring for Ourselves and Spiritual Care.

#### **Palmerston North**

Location – Arohanui Hospice, Seminar Room, Palmerston North

Time: 1:00 pm – 4:30pm	Cost: \$30.00 per workshop
(Light refreshments provided)	

Workshop 1	Thursday 13 <sup>th</sup> February
Workshop 2	Thursday 20 <sup>th</sup> February
Workshop 3	Thursday 27 <sup>th</sup> February



#### **Dannevirke**

Location – Dannevirke Community Hospital, Dannevirke

#### Time: 1:00 pm – 4:30pm

Cost: \$30.00 per workshop

(Light refreshments provided)

Workshop 1	Thursday 5 <sup>th</sup> March
Workshop 2	Thursday 12 <sup>th</sup> March
Workshop 3	Thursday 19th March

#### Horowhenua

Location – Arohanui Hospice Horowhenua Centre, 79 Oxford Street, Levin

#### Time: 1:00 pm – 4:30 pm

Cost: \$30.00 per workshop

(Light refreshments provided)

Workshop 1	Tuesday 4 <sup>th</sup> February
Workshop 2	Tuesday 11 <sup>th</sup> February
Workshop 3	Tuesday 25 <sup>th</sup> February

There may be opportunities to facilitate additional workshops in other venues by request and negotiation with the Education Team at Arohanui Hospice.



## Palliative Care Partnership (PCP) Training

This training is for members of General Practice teams, Community Nurses, Nurse Practitioners, GP Registrars and other health professionals working with people with life limiting conditions and have a palliative need.

**IMPORTANT:** Registrations for attendance are to be made with Central PHO on 06 3549107 or <u>enquiries@centralpho.org.nz</u>

#### Palliative Care Partnership Full Training

Tuesdays 5<sup>th</sup>, 12<sup>th</sup> & 19<sup>th</sup> May 2020 7:00pm – 9:00 pm Arohanui Hospice Seminar Room

#### Palliative Care Partnership 1 hour Annual Updates

Tuesday 7 <sup>th</sup> April	12:30 – 1:30pm	Health on Main
Tuesday 9 <sup>th</sup> June	12:30 – 1:30pm	Horowhenua Health Centre
Tuesday 7 <sup>th</sup> July	12:30 – 1:30pm	Pahiatua Medical Centre
Tuesday 4 <sup>th</sup> August	12:30 – 1:30pm	Otaki Medical Centre
Tuesday 1 <sup>st</sup> September	12:30 – 1:30pm	Dannevirke Community Hospital
Tuesday 6 <sup>th</sup> October	6:00pm – 7:00pm	Arohanui Hospice

Members of the PCP are contractually obliged to attend one PCP update session per year. Alternatively, to fulfil your update requirements, you can attend any palliative care education session provided by Arohanui Hospice or a Cancer Research Trust Breakfast Lecture (page 9).

#### Palliative Care Awareness

These afternoon sessions have been developed for registered staff new to General Practice and Aged Residential Care Facilities and will include an opportunity to tour the Hospice, explain the referral system and provide an awareness of the services and support Arohanui Hospice can provide for people and their families/whanau who have been referred to the service.

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Wednesday 8<sup>th</sup> April 2020 Wednesday 16<sup>th</sup> September 2020 **Arohanui Hospice** 

**Cost: Free** 

Time: 1:00pm – 4:00 pm

## "Understand me when I'm dying"

## Study Day

The purpose of this workshop is to raise awareness and understanding of the increasing spiritual and cultural diversity that exists within our community, which enhances our ability to offer the most appropriate care.

Māori, Buddhist, Hindu, Muslim and Christian representatives will share their perspectives, illuminating how knowledge of their beliefs and traditions can enhance our palliative care approach for people in their communities.

This workshop is open to all those working in the health and pastoral care sectors.

Facilitated by George Dempster, Spiritual Care Coordinator Arohanui Hospice

Friday 3<sup>rd</sup> April 2020

Arohanui Hospice

Time: 9:00 am – 4:00 pm

Cost: \$50.00



## Advanced Study Day: Pain Management in Palliative Care

This study day will provide participants with a comprehensive, holistic approach to the management of pain in palliative care.

This workshop is open to all Registered Health Professionals with some experience of working with people with a palliative need.

Arohanui Hospice

Time: 9:00 - 4:00pm

Cost: \$50.00

A light morning and afternoon tea will be provided – please bring your own lunch.

## **Beyond the Physical – Supporting End of Life Study Day**

There is so much more to facing the end of life than just the physical symptoms and processes. Join us in examining other aspects of dying including emotional, psychological, spiritual, social and cultural. This day is designed to explore the needs of the dying from a more holistic paradigm.

This workshop is open to all Registered Health Professionals.

Facilitated by the Allied Health Team, Arohanui Hospice

Tuesday 28<sup>th</sup> July 2020

Arohanui Hospice

Cost: \$50.00

Time: 9:00 am – 3:00 pm

A light morning and afternoon tea will be provided – please bring your own lunch.

## Cancer Research Trust Breakfast Lecture Series

This education opportunity is designed for healthcare professionals with an interest in palliative care and hosted by Hospice's throughout New Zealand. The lectures will be delivered via teleconference with a PowerPoint presentation and take place on the **first Thursday of every month** (February's date is Wednesday 5<sup>th</sup>).

Cancer Research Trust NZ provides funding to enable all member Hospice sites and other registered sites across New Zealand to access the series <u>free of charge and no registration is required.</u>

All health colleagues are welcome to attend and these lectures are an ideal opportunity for those in General Practice to fulfil the annual one hour update requirements (certificates are available at each lecture).

Further details available at <u>www.hospice.org.nz</u> where a schedule of speakers and topics for 2020 will be confirmed in January.

Time: 7:30 am – 8:30 am – First Thursday of the month Feb to Dec 2020

Venues: Arohanui Hospice, 1 Heretaunga Street, Palmerston North Horowhenua Health Centre, 62 Liverpool Street, Levin

(A light breakfast provided at Arohanui Hospice PN only).



### **Community Pharmacy Evening**

This education evening is for Pharmacists and Pharmacy Technicians and looks at symptom management in palliative care from a pharmacy perspective.

Facilitated by Denise Hewitt, Palliative Care Pharmacist at Arohanui Hospice.

Wednesday 12<sup>th</sup> August 2020

Arohanui Hospice

Time: 18:15 – 20:00

Cost: Free

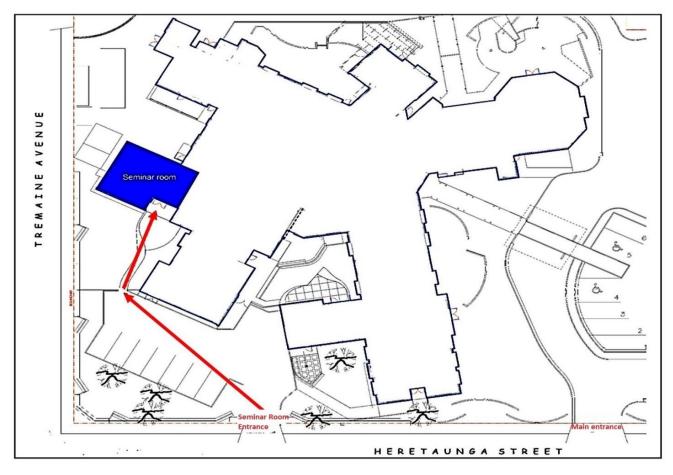
There is no cost for this evening and light refreshments are provided.

## **Education Venues**

#### **Arohanui Hospice Palmerston North**

Seminar Room, 1 Heretaunga Street, Palmerston North

Please note there is <u>no parking</u> on Hospice grounds therefore please use street parking on Tremaine Avenue or Heretaunga Street. This map shows entry to the Seminar Room; please use this entrance when attending education sessions, rather than the main reception area. Arohanui Hospice is a non-smoking environment.



<u>Other Venues:</u> Arohanui Hospice Horowhenua Centre 79 Oxford Street Levin

Horowhenua Health Centre 62 Liverpool Street Levin Dannevirke Community Hospital Barraud Street Dannevirke

**Health on Main** 575 Main Street Palmerston North

## **Registration Information**

Please register for any course on our website check our website -

www.arohanuihospice.org.nz to ensure you have the latest version of this programme as dates may be subject to change. The Education Service reserve the right to cancel training sessions if registration numbers are too low. \*Please note all prices listed are GST inclusive

#### Cancellation:

If you are unable to attend education that you have registered for, please notify the Education Service as soon as practicable. Any cancellation received or non-attendance within 24 hours of the course date may incur an administration charge of 20% of the course fee.

## **Course Fee Payment Details**

With authorisation, Arohanui Hospice can invoice your organisation or alternatively payment can be made by cash or cheque or by direct credit. Please make cheques payable to Arohanui Hospice Education Service

#### For direct credit (bank details):

Arohanui Hospice Service Trust Account No: 03 – 0726 – 0486812 – 00 Particulars: Course name Reference: Your surname

## **Contact Us**



Telephone: 06 3566606



Education@arohanuihospice.org.nz



Education Service at Arohanui Hospice PO Box 5349 PALMERSTON NORTH



Fax: 06 3550453

www.arohanuihospice.org.nz

## Education Registration Form - 2020

Online registration is preferred at <u>www.arohanuihospice.org.nz/course-registration/</u>

Course Nam	e:	••••••	••••••	
Course Date	:/s:		Course Fee:	\$
First Name:		Surname:		
Address:				
Telephone:		Mobile:		
Email:				
Current Emp	oloyer:			
Position Hel	d:			
Payment De	tails:			
Invoice C	Organisation	Cash/Cheque		Direct Credit
For direct cr	edit (bank details):			
Arohanui Ho	ospice Service Trus	t		
Account No:	: 03 - 0726 - 04868	812 - 00		
	Course name			
Reference:	Your surname			
Please send	your completed fo	orm one of the follow	ving ways:	
Email:	education@aroha	anuihospice.org.nz		
Post:	<b>Education Service</b>	at Arohanui Hospic	e	
	PO Box 5349			

Fax: 06 3550453

**PALMERSTON NORTH** 

2020 The Year at a Glance															
Course	Fee	Venue	Time	Dates											
				Jan	Feb	Mar	Apr	May	Jun	July	Aug	Sep	Oct	Nov	Dec
Syringe Driver	\$30.00	Arohanui Hospice PN	13:00 – 14:30		24	23	20	25	22		24	28	20 in Levin	23	
Fundamentals of Palliative Care	\$90.00 full course	Arohanui Hospice <mark>PN</mark> 3 days	13:00 - 16:30		13 20 27										
Fundamentals of Palliative Care	\$90.00 full course	Dannevirke 3 days	13:00 - 16:30			5 12 19									
Fundamentals of Palliative Care	\$90.00 full course	<mark>Levin</mark> 3 days	13:00 - 16:30		4 11 25										
Understand me when I'm dying Study Day	\$50.00	Arohanui Hospice PN	09:00 - 16:00				3								
Palliative Care Awareness	Free	Arohanui Hospice PN	13:00 - 16:00				8					16			
Community Pharmacy Evening	Free	Arohanui Hospice PN	18:15 – 20:00								12				
Cancer Research Trust Breakfast Lectures	Free	Arohanui Hospice PN + Levin Health Centre	07:30 – 08:30		5	5	9	7	4	2	6	3	1	5	3
Palliative Care Partnership		Various – see page 7	Various – see page 7				7	5 12 19	9	7	4	1	6		
Advanced Study Day - Pain	\$50.00	Arohanui Hospice PN	09:00 - 16:00					26							
Advanced Study Day - Beyond the Physical	\$50.00	Arohanui Hospice PN	09:00 - 15:00							28					

HOSPICE IS... about quality of life AT AROHANUI HOSPICE our vision is to ensure that all people with life-limiting conditions LIVE WELL AND DIE WELL irrespective of their condition or care setting

**CARING** *devotion* RESPECT COMPASSIONATE FAMILY sharing HOPE + PEACE + LOVE *a chance to live fully* COMFORT dignity *support and advocacy* REVARDING *gracious* soothing specialised *unique* safe LIVING EVERY MOMENT