



MIDCENTRAL HEALTH



# REFERRAL TO MDHB SPECIALIST PALLIATIVE CARE SERVICES

**PLEASE COMPLETE THIS REFERRAL FORM AS FULLY AS POSSIBLE.**

*Please note: Arohanui Hospice staff have limited access to Palmerston North Hospital information.*

BARCODE AREA

| Service Requested        |   | Urgency for either service  |
|--------------------------|---|---|
| <input type="checkbox"/> | <b>Community: Arohanui Hospice</b><br>(community, including aged residential care and other facilities)<br><b>EMAIL: Referrals@arohanuihospice.org.nz Telephone: (06) 356 6606</b>        | <input type="checkbox"/> Within 24 hours<br><input type="checkbox"/> 24-72 hours<br><input type="checkbox"/> Non-urgent |
| <input type="checkbox"/> | <b>Hospital: Palmerston North Hospital Palliative Care Service</b> (inpatients)<br><b>FAX: 8431 Telephone: 7484</b> and/or page a team member <b>After hours</b> contact Arohanui Hospice |   |

**REASON FOR REFERRAL** (please ✓): Referral may be appropriate if the patient has active, progressive, advanced disease and the level of palliative care need exceeds that which the current provider can offer.

|                          |  |                          |  |
|--------------------------|--|--------------------------|--|
| <input type="checkbox"/> | Uncontrolled or complicated symptoms                                 | <input type="checkbox"/> | Last days of life support: patient, family, staff/facility |
| <input type="checkbox"/> | Emotional, psychosocial or existential issues related to the illness | <input type="checkbox"/> | Other:   |

|                                    |          |   |          |
|------------------------------------|----------|---|----------|
| <b>Patient aware of diagnosis?</b> | Yes / No | <b>Patient/advocate consents to referral?</b> | Yes / No |
| <b>Patient aware of prognosis?</b> | Yes / No | <b>Family/NOK aware of referral?</b>          | Yes / No |

**PATIENT DETAILS/PATIENT LABEL:** DOB ..... Patient NHI .....

Surname ..... First names .....

Address .....

Email ..... Ethnicity .....

Current location of patient ..... Contact phone no .....

| Usual accommodation: (select one)  | Level of current support: (select one)  |
|--|---|
| <input type="checkbox"/> Private residence (incl. retirement village)              | <input type="checkbox"/> Lives with others with no care/support provided      |
| <input type="checkbox"/> Residential aged care, low level care (level 2 rest home) | <input type="checkbox"/> Lives alone with no care/support provided            |
| <input type="checkbox"/> Residential aged care, high level care (hospital level)   | <input type="checkbox"/> Lives alone with external professional support       |
| <input type="checkbox"/> Other (eg corrections facility) .....                     | <input type="checkbox"/> Lives with others who provide care/support           |
| .....  | <input type="checkbox"/> Lives with others with external professional support |
| .....  | <input type="checkbox"/> Not stated/inadequately described/not applicable     |

**NEXT OF KIN/CONTACT PERSON'S DETAILS:**

Surname ..... First Names .....

Address .....

..... Email .....

Phone no ..... Relationship .....

**HEALTH PROFESSIONAL DETAILS** (Complete if the General Practitioner is not the referrer)

GP ..... Phone no .....

Address .....

Consultant(s) .....

BINDING MARGIN - NO WRITING

**PLEASE TURN OVER**

|   |             |
|---|-------------|
| <b>PATIENT NAME:</b>  | <b>NHI:</b> |
| <b>DISEASE STATUS:</b>  |             |
| <b>Diagnosis</b> ..... <b>Date of Diagnosis</b> .....   |             |
| <b>Site of Metastases</b> (if malignancy) .....   |             |
| <b>Past/current management of this diagnosis:</b> <i>(including date of any major surgery in past year)</i> |             |

|  |
|--|
| <b>Relevant Past Medical History:</b> <i>(attach a copy of the patient summary if preferred)</i> |
|--|

|   |  |
|---|--|
| <b>Current Medications</b> <i>(copy of drug chart is preferred)</i> | <b>Allergies/adverse drug reactions:</b> |
|---|--|

|  |
|--|
| <b>Current issues requiring specialist palliative care support:</b><br>Uncontrolled physical symptoms:<br><br>Psychosocial issues:<br><br>Family social circumstances:<br><br>Additional relevant information: <i>(eg barriers to communication – language, hearing)</i> |
|--|

|  |
|--|
| <b>For community patients:</b> Please supply most recent hospital OPD letters/discharge summary<br><input type="checkbox"/> Attached <input type="checkbox"/> Not available<br><br>.....<br>.....<br><br><b>Date of last medical consultation:</b> ..... / ..... / ..... |
|--|

| COMMUNITY PATIENTS                 | HOSPITAL INPATIENTS   |
|------------------------------------|---|
| <b>Name of referring Dr or NP:</b> | <b>Name of referring Dr or NP:</b>  |
| GP Practice:                       | <i>*If the referrer is not the consultant, please ensure the consultant has given consent (signature implies this has been done).</i> |
| Contact phone number:              | Name of consultant:   |
| Hospital Clinic/Speciality:        | Pager number:   |
| Signature:                         | Signature:  |
| Date:                              | Date:   |

BINDING MARGIN – NO WRITING