

Leaving a lasting legacy of aroha.

A guide to leaving a bequest to Arohanui Hospice in your will: an enduring gift that touches so many lives.





Aroha mai, aroha atu. Love received, love returned.

Our name 'Arohanui' means 'with much love' and we strive to demonstrate that every day, in every way, with our heartfelt and excellent care. We can do this thanks to those who've gone before us: the many generous New Zealanders who've benefited from Hospice services and realised the importance of giving back.

By including a bequest to Arohanui Hospice in your will, you're leaving an enduring legacy that not only helps those whose lives are ending, but also those who carry on: family, whānau, friends and carers. It means we can continue to serve our community and help more people live well until they die, with empathy, compassion and above all with aroha.





“What you do while you’re on this earth matters: what you leave behind has the power to matter even more.”

—
Anonymous





**Cheryll Rand-Wildbore,
Hospice Shop Volunteer
& Legacy Leaver.**



“Arohanui Hospice helped us during the darkest, hardest part of our lives. The nurses, staff, everyone was just so supportive...the Hospice is wonderful, the best place to be.”

Cheryll Rand-Wildbore,
Hospice Shop Volunteer
& Legacy Leaver

Our care philosophy: Living every moment.

Arohanui Hospice is so much more than a building; it's a philosophy of care. We support anyone with any life-limiting condition – and we help them live every moment, in any way that's important to them, in any place they call home. We also support our patients' families, whānau and carers throughout their loved one's journey and after their death.

Our care is provided free of charge: however, only half of our funding comes from the District Health Board. The rest comes from fundraising, bequests and donations: from generous supporters like yourself who believe in our outstanding care and our philosophy of helping our patients to 'live every moment'.

Why leave a bequest to Arohanui Hospice?

Caring for our patients and their families/whānau is at the heart of everything we do at Arohanui Hospice. With the support of our volunteers, donors and legacy leavers, our services can continue to be provided at no cost to patients and their families.

- With over 30 years serving our local community, we're as committed as ever to maintaining our reputation as a centre of excellence in palliative care for next 30 years and beyond.
- Arohanui Hospice has served the Palmerston North, Manawatu, Rangitikei, Horowhenua and Otaki regions since 1991.
- Our services are accessible to everyone residing in our region, irrespective of their home setting.
- All donations and bequests go towards helping locals with life-limiting illnesses, as well as their families, whānau and carers.
- We are committed to best practice and to sharing our specialist knowledge with medical professionals and other agencies who are providing care in the region.



Our vision is that all people with life-limiting conditions live well and die well, irrespective of their condition or care setting.

As a bequest donor, you'll give aroha to so many people ... when they need it most.

Your bequest is a lasting legacy that touches so many lives:



Those Dying

We recognise that every patient is unique and faces their journey with different challenges. That's why our care is tailored to each individual patient, considering their physical, emotional, social, cultural and spiritual needs; to optimise their quality of life. Our team specialises in supporting those with life-limiting conditions, so that they can 'live every moment' and die in peace and with dignity.



"I cannot commend the staff and volunteers at Arohanui Hospice enough for the help, guidance and support that we received over the few months that my husband was in their care."

Diana Sutherland

Those Left Behind

Our services don't end when a life does: our Family Support team supports families/whānau and carers throughout their loved one's illness and beyond. Your gift helps us provide a wide range of bereavement services including support groups, remembrance services, spiritual care and individual counselling.



"Through Arohanui, I received 12 months of bereavement counselling... I really don't know what I would have done without this service."

Cheryl Rand-Wildbore

“At Arohanui Hospice, we believe that all should be able to live well and die well. We invite you to join in this effort and secure that future.”

Dr Simon Allan ONZM
Director of Palliative Care, Arohanui Hospice



Your Local Community

Every year, Arohanui Hospice supports over 1000 patients and their families/whānau. With an ageing community and a continued rise in life-limiting illnesses, the number of people needing our care and support will increase in the future. Bequests from our most valued supporters give us certainty and help us plan ahead so that we can continue to support those in our community into the future.



“To have local support in the home and in the hospice itself, can be life enhancing for the families and patients.”

Sandy Hight
Roslyn Shop Volunteer

Your Medical Community

Your bequest reaches far beyond the gates of our Hospice: it also provides the gift of education in best practice palliative care to support medical professionals across the region. We offer regular workshops and ongoing support to carers, medical and health professionals, to ensure that people in our community receive excellent quality of care, in every setting.



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Dr Simon Allan ONZM
Director of Palliative Care,
Arohanui Hospice



Arohanui offers a wide range of services to support families such as Diana's during the grieving process.

Diana and Barry in happier days: Arohanui made their precious last weeks together more manageable.



Diana's story: Love, loss & learning to cope.

Diana's life changed forever in May 2017, when her husband, Barry was suddenly and tragically diagnosed with a brain tumor. By November, the family was informed that Barry's condition was terminal. "This was the worst news we could imagine," says Diana. "Arrangements were made for us to contact Arohanui Hospice, which we were reluctant to do as we thought it meant that it was the end of the road."

However, Diana soon found that Hospice was the right place for Barry to be: a very special place where they could all get the help and support they needed. "It was not until we had personal contact with Hospice care that we realised the extent of help and support that was available to us," says Diana.

"The weekly visits to our home, doctors and nurses available on the phone at any time of the day and night, and social workers who were so caring."

Your lasting legacy will help us ensure more patients like Barry can live well until they die with aroha and compassion. Barry was able to spend his last days at home with his family, with all the equipment they needed arranged by the Hospice. He died two weeks later, surrounded by his loved ones.

"I am sharing our story with you because Arohanui Hospice made our sad journey more manageable...and to let you know they are the best port of call if you need them," says Diana.



The Aroha Legacy Club

Honouring our very special supporters

Leaving a gift in your will to Arohanui Hospice is the ultimate expression of your support for the work we do, so we'd love to honour your incredible legacy through membership of the Aroha Legacy Club.

As a member, you'll receive updates on our work and invitations to special events. Membership carries no obligations: it's simply our way to thank and acknowledge our very special bequest donors.

"Palliative care is quite the opposite of the curative care which hospitals provide. Terminally ill people and their families need a place that's peaceful and homely and focused on providing for their total needs, not just the medical aspects of care. Good hospice care is as much about community as is it about hospitals."

Dr Garth Wallace, past patron of Arohanui Hospice



Opening of Arohanui Hospice Saturday 4th May 1991. Garth Wallace, Margaret Rieger, Paul Rieger (Mayor), Jean Wallace (behind) Dr Allan Farnell, June Connor.

Arohanui Hospice was founded in 1991 by a group of passionate locals, including Dr Garth Wallace, who were determined to find a better way of caring for the dying. Today it has grown into a substantial palliative care service that has earned national awards and recognition.



Cheryll and Maurice met while volunteering for the Samaritans.

Cheryll's story: Giving back to Hospice, in every way

Cheryll Rand-Wildbore's husband, Maurice, was diagnosed with oesophageal cancer in 2009, and died 8 months later at Arohanui Hospice. "The day my Maurice passed, my life changed forever," says Cheryll. "Arohanui Hospice helped us during the darkest, hardest part of our lives. The nurses, staff, everyone were just so supportive - the Hospice is wonderful, the best place to be."

The couple had several stays at Arohanui Hospice to help manage Maurice's pain during his journey. "The staff, nurses would do anything to make you feel comfortable," explains Cheryll. "I remember that Maurice asked for a shrimp cocktail – and a shrimp cocktail turned up. And being able to call the Hospice in the middle of the night was really helpful. The 24-hour access to support and care was just incredible."

Maurice passed away at Arohanui Hospice, and Cheryll says she really struggled after he was gone. "Through Arohanui, I received 12 months of bereavement counselling, which made all the difference in that first year. I really don't know what I would have done without this service."

*Cheryll loves her volunteer role
at the Hospice Shop.*

“Maurice and I knew as we went through his journey that we wanted to leave a bequest to Arohanui Hospice. This was really important to us both: their service is so essential during such difficult times, it’s important that this care and support continues to be at no cost for patients and their families. We wanted to be a part of that.”

Cheryll says that Arohanui Hospice’s care made an “immeasurable” difference to her life, so when she felt ready to give back, she became a Hospice Shop volunteer. “Volunteering has given me a special purpose and attachment to Arohanui. I will have been volunteering 10 years in November this year!”



“You never really get over the passing of a loved one, but you do learn to cope over time. By giving a gift in my Will, I feel that I’m giving back to the Hospice something I could never repay them for. It makes me happy knowing that I’m helping the service continue for others in a similar position.”

Cheryll Rand-Wildbore

5 easy steps to making a bequest

Making a bequest is surprisingly simple. Any gift, large or small, will make a tangible difference to those who are dying and the families/whānau going through the loss of a loved one.

1. Update your will

If you have a will – include a bequest to Arohanui Hospice in your existing will, by simply asking your lawyer to add a codicil (see examples of wording in the card in the back of this booklet).

If you don't have a will – to ensure your wishes are carried out after your death, you need a legally binding will prepared by a lawyer or the Public Trust office. You can find one through the New Zealand Law Society (www.lawsociety.org.nz) or Citizens Advice Bureau (www.cab.org.nz).

2. Assess your assets & liabilities

Refer to the 'Planning your Will' card in the back of this booklet.

3. Decide what type of bequest is right for you

Refer to page 12 for options. We always recommend looking after your family and loved ones first in your Will and that you discuss your intentions to leave a bequest to Arohanui Hospice with them, so there are no surprises later on.

4. Talk to your lawyer

Take the 'Planning your Will' and 'How to make a bequest' cards from the back of this booklet with you when you see your lawyer.

5. Send us your 'bequest pledge' card

It helps if you tell us about your bequest intentions in advance, so we can thank you for your generous support and invite you to join our 'Aroha Legacy Club' (see details overleaf). Please return the Bequest Pledge Card in the reply-paid envelope supplied at your convenience.

***“He taonga rongonui
te aroha ki te tangata.
Goodwill towards others
is a precious treasure.”***

3 kinds of bequests

Your bequest is a lasting legacy that touches so many lives:

1. Specific Bequest


A gift of particular items of property, such as jewellery, books, clothing, car, etc, that you want to give to a particular person or organisation.

2. General Bequest

Usually a sum of money or percentage of the value of your estate, given to a particular person or organisation.

3. Residual Bequest

This is how you want the remainder of your estate to be dealt with after any specific or general gifts have been given.



*“We make a living by what we get,
we make a life by what we give.”*

—
Winston Churchill



Your lasting legacy of aroha and care.



"When you make a will, you provide for future generations. Making a will is an act of generosity, an investment in the future. Including a bequest to Arohanui Hospice in your will extends that legacy from your family to your community. A bequest is a simple and effective way to support other people's needs many years into the future ... it is a wonderful legacy to leave."

Ngā mihi nui (thank you very much),

Clare Randall

Chief Executive, Arohanui Hospice



***He waka eke noa**
(we are all in this together).
Please support us so we can continue
to support our community.*



“You matter because you are you, and you matter to the end of your life. We will do all we can not only to help you die peacefully, but also to live until you die.”

Dame Cicely Saunders, nurse, physician,
writer and founder of hospice movement (1918 – 2005).

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