## Te Whatu Ora

Health New Zealand

Te Pae Hauora o Ruahine o Tararua MidCentral



## UNDERSTANDING PROGRESSION AND SUPPORTIVE MANAGEMENT IN ADVANCED PARKINSON'S DISEASE

TE PAE HAUORA O RUAHINE O TARARUA & AROHANUI HOSPICE STUDY DAY

Inviting all registered Health Professionals working with Older Adults throughout their health journey, including primary health services, aged residential care, community, and inpatient settings.

## Topics to be covered will include:

- Differentiating between Parkinson's Disease and similar presentations
- Symptom management in advanced Parkinson's Disease
- Medication approaches as Parkinson's Disease progresses
- A palliative approach to Parkinson's Disease
- Panel discussion covering spiritual, psycho/social and the lived experience of Parkinson's Disease

## **ITINERARY**

8.30am	Welcome and housekeeping
8.45am	Medical and care approaches for advanced Parkinson's Disease – Dr Jonathan Kok,
	Geriatrician
	What is Parkinson's Disease and what isn't? – Dr Matthew Johnston, Geriatrician
10.15am	Morning tea
10.30am	More than just tremors: Prioritising non-motor symptom management in
	Advanced Parkinson's Disease – Michaela Tomecki, Nurse Practitioner Candidate
11:15am	Demystifying Parkinson's Disease medications and medication options for
	changing symptoms as the disease progresses – Dr John Bourke, Geriatrician
12:00pm	Lunch (not provided)
12.30pm	The role of hospice in advanced Parkinson's Disease. Dr Delamy Keall
1.30pm	Panel presentations – Dianne Ackerman, Parkinson's Manawatu; Family member
	experience; Speech Language Therapist, Psycho-social support, Occupational
	Therapist
3.00pm	Short break
3.10pm	Panel question session
4:00pm	Finish

When: Friday 25 <sup>th</sup> August 2023	<b>Time:</b> 8:30am – 4:00pm		
Where: Education Centre Hall, Ruahine Street, Te Pae Hauora o Ruahine o Tararua			
Cost: FREE			
How to register: Education & Training (midcentraldhb.govt.nz)	Final date for enrolment: August 18 <sup>th</sup> , 2023		
	Contact: rose.blair@midcentraldhb.govt.nz		