




HELPFUL RESOURCES

ACCESSING ADVICE AND SUPPORT FROM AROHANUI HOSPICE

You can access advice from Arohanui Hospice 24 hours a day. During after hours there is a Registered Nurse working in the Inpatient unit who is available to take calls and provide advice.

-  06 356 6606 or 0800 666 676
-  enquiries@arohanuihospice.org.nz
-  www.arohanuihospice.org.nz

Arohanui Hospice has a team of Palliative Care Co-coordinators, who are palliative care nurses working in the community. The teams include a social worker, and are defined by areas. If you have a resident who requires specialist palliative care they will have a Palliative Care Co-coordinator assigned to them. Please see the A4 flyer included in this resource folder.

Arohanui Hospice also has an Education and Research Unit. Education is a key feature of the Palliative Care Strategic Plan that promotes the support of health care workers in a range of settings including aged residential care, community hospitals, primary and secondary care. The ERU has a primary focus on providing fundamental palliative care education across the district. There are a number of study days and workshops facilitated by clinical staff and allied health.

Please refer to the Arohanui Hospice website for our upcoming education.

<https://www.arohanuihospice.org.nz/wp-content/uploads/2025/01/AH-Education-Programme-2025-EXTERNAL.pdf>

Registration for study days is essential.

-  education@arohanuihospice.org.nz

There are also a multitude of resources on the website for health professionals which are printable.

These include:

- [Symptom Control Guidelines for End of Life care](#)
- [Family Support – Bereavement Service Referral Form](#)
- [Te Ara Whakapiri Toolkit](#)
- [Te Ara Whakapiri- Last Days Of Life Care Plan](#)
- [Te Ara Whakapiri- Ongoing Assessment Cont Sheets](#)
- [Te Ara Whakapiri- Progress Notes Cont Sheets](#)
- [Bereavement Support Toolkit](#)
- [Appetite changes in advanced illness](#)
- [Being Prepared for Death](#)
- [Other Support – Do you qualify?](#)
- [Gaining the most from life](#)
- [Making Memories](#)
- [Managing your Medicines](#)
- [Planning a Funeral](#)
- [Suggestions, Feedback, Compliments and Complaints](#)

HELPFUL RESOURCES

- [Taking Control ACP EPOA Wills](#)
- [Using the Niki T34 Syringe Driver](#)
- [Visiting IPU Brochure](#)
- [What About Food](#)
- [What to Expect when Someone is Dying](#)
- [What is grief? Is this normal?](#)

At times patients or families may require bereavement support. Included in this folder is a referral form. This can also be printed from the Hospice website resources page. There are also bereavement support guidelines that are available on our resources page. The guidelines were developed by the Midcentral District Health Board (MDHB) Palliative Care District Group. It identifies that bereavement support is a key component of quality palliative care, and provides a systematic and integrated set of principles and practices, for use by health professionals and services caring for those with palliative care need. The guidelines and toolkit are available on the Arohanui Hospice website professional resources page.

Other valuable websites include:

Hospice New Zealand <https://www.hospice.org.nz/>

Skylight <http://skylight.org.nz/>

Another excellent resource is the Palliative Care Handbook (guidelines for clinical management and symptom control). This can be ordered in hard copy or downloaded onto your desktop. Details on how to do this can be found on: https://www.hospice.org.nz/palliative_care_handbook